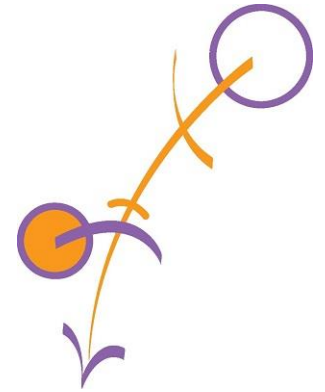


SHADE CONSULTING AND COUNSELLING PRESENTS

Trauma and Disability Doing Supports Differently



Description

Neurodivergent and disabled individuals experience traumatic events at rates which far outweigh those of the general community. What does this do to one's brain, how do we recognize traumatic stress in the individuals we support and what can we do to support them?

This workshop is intended for those who work in the disability community.

Learning Goals

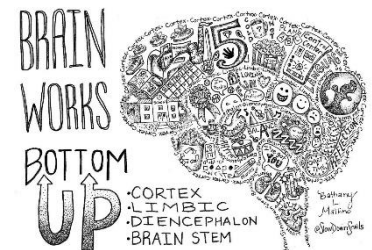
At the end of this workshop, you will be able to

- recognize and accept your role in supporting individuals who have experienced trauma.
- describe adverse childhood experiences (ACEs) and trauma.
- identify symptoms of traumatic stress including those more specifically seen in neurodivergent and disabled individuals.
- recognize dysregulation and respond with compassion and co-regulation.

Format

This workshop is available for a three-hour or full day presentation.

It can be booked for an online or in-person workshop.



Dr. Margaret Newbury Jones has worked in the disability community for her whole career. She is known for her outstanding, interactive workshops. She works as a trauma counsellor, sexuality educator, and trainer with SHADE Consulting and Counselling.

Interested in this workshop for your organization?
Contact us to discuss your needs and for a quotation.

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