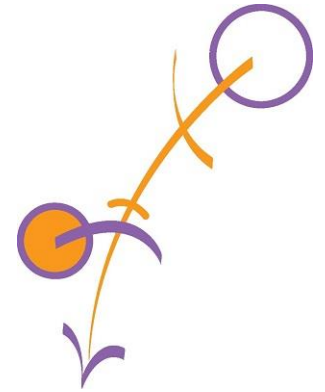


SHADE CONSULTING AND COUNSELLING PRESENTS

Regulation and Caveman Brains: An Accessible Approach Professional Version



Description

Understanding our brains makes understanding regulation easier. Regulation and Caveman Brains is a simple, accessible approach to teaching neurodivergent and disabled individuals more about their brains and how regulation and dysregulation work.

This workshop is intended for anyone working in the disability community who provides direct service.

Learning Goals

Following this workshop you will

- understand the brain and dysregulation in a simplified manner.
- recognize dysregulation isn't an intentional "attention-seeking" behaviour.
- identify your role in developing regulation 'tools' with individuals.
- commit to your role as a co-regulator with dysregulated individuals.

Format

This workshop is available for a 60-90" Small Bite or three-hour presentation.



Dr. Margaret Newbury Jones has worked in the disability community for her whole career. She is known for her outstanding, interactive workshops. She works as a trauma counsellor, sexuality educator, and trainer with SHADE Consulting and Counselling.

Interested in this workshop for your organization?
Contact us to discuss your needs and for a quotation.

info@shadeconsulting.ca

778-215-0132

www.shadeconsulting.ca

©SHADE Consulting and Counselling 2023